

INFORMATION AND RESOURCES FOR UKRAINIAN CITIZENS IN DÚN LAOGHAIRE-RATHDOWN



WELCOME TO DLR

We are delighted to welcome you to our county. We know this wasn't a plan for you. But we are here to help you and provide you with services you require.

This leaflet will provide information on different services available in addition to other activities in Dún Laoghaire-Rathdown. We will update it regularly as and when the information changes.

Feel free to let us know if there is anything we can help with by emailing mirosław.baca@sspship.ie. We hope this leaflet will be beneficial to you and your loved ones.

HOW TO USE THIS LEAFLET?

Place a camera of your smartphone on the **QR code** to visit a designated webpage, or to see a Google map location.

In Ireland, we use **EIRCODEs** for each address. If you type it in Google maps, it will show the location that you're looking for.

HSE

The HSE provides **public health** and **social care services** to everyone living in Ireland. The HSE website is being updated regularly with the latest information on support for Ukrainian's arriving in Ireland and the health services they can avail of. **This page is available in English, Ukrainian and Russian.**

www.hse.ie/Ukraine



EDoc is available for emergency appointments and every Ukrainian can access a routine GP appointment during working hours.

Transport is available to support attendance at appointments. Please email lee.collins@hse.ie to arrange transport.

Interpretation via phone service is set up on GP office to assist with the visits.



SSP SUPPORTS

Southside Partnership DLR is a community development organisations which aims to address social inclusion and build vibrant communities in DLR.

SSP provides a range of **free support and services** that include:

- English language and communication classes (daniela.naab@sspship.ie)
- Personal development courses and workshops
- Arts, crafts and cultural activities
- Afterschool and Homework Supports for Children
- CV preparation, job seeking and interview skills
- Self-employment information sessions
- Health & Wellbeing activities

www.southsidepartnership.ie

email: mirosław.baca@sspship.ie



EDUCATION



The Adult Education Service is part of Dublin and Dun Laoghaire Education and Training Board (DDLETB South East).

Their courses provide new learning opportunities that lead to employment, self-development or progression to further study.

www.adulthoodeducationseast.com

SOCIAL WELFARE SUPPORTS



GENERAL INFORMATION about the Social Welfare supports for those arriving from Ukraine under the EU Temporary Protection Directive.



Income supports including Basic Income, Child benefit and Urgent Needs payments can be accessed through the local office.

Services are available Monday to Friday at the **Intreo Centre in Dún Laoghaire.**

18-21 Cumberland Street, Dun Laoghaire, Co Dublin, A96 T209

phone: (01) 2145540

email: Dunlaoghairequeries@welfare.ie



POST OFFICE



Stillorgan post office

Lower Kilmacud Rd,
Stillorgan, Dublin,
A94 TD30



GENERAL INFORMATION from **AnPost** about supporting the people of Ukraine including:

- Social Welfare Payments
- Physical Postal Address
- Send Money from Ukraine with no Fees
- FREE SIM Card
- Set up Current account
- Free Postage to Ukraine and more...



MAIN TRANSPORT

You can get free travel on any subsidised public transport service. You should show Your Ukrainian passport, or other government issued Ukrainian ID, or confirmation of status from a co-ordinating group or charity involved in the Ukrainian crisis.



DUBLIN BUS is a State-owned bus operator providing services in Dublin. Dublin Bus is the largest bus operator in the city.

LUAS is a tram/light rail system in Dublin, Ireland. There are two main lines: the Green Line, which and the Red Line



CLOSEST STOPS TO THE CLAYTON HOTEL LEOPORDSTOWN



Clayton Hotel bus stop is located about 2 minutes from the hotel.



Central Park Luas Station is located about 4 minutes from the hotel.



NEAREST PARKS & PLAYGROUNDS

Fernhill Park & Gardens



Clonmore Park



Leopardstown Heights

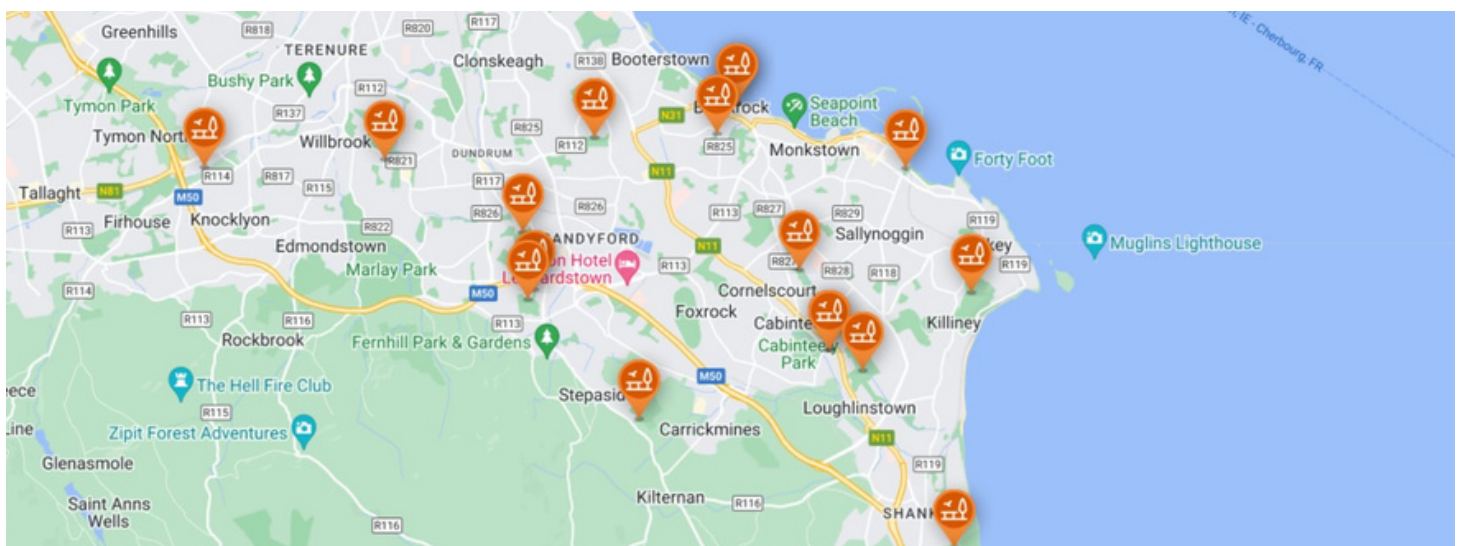


Blackthorn Park



DLR PARKS & PLAYGROUNDS

There are plenty of wonderful parks in DLR, where you can spend time. Please scan the QR code to see the full list.



SAFETY

Ireland is generally a **safe** place to visit and live. The 2020 Global Peace Index ranks it as the 12th safest country in the world.

Dún Laoghaire is a great area. You are a little outside Dublin city but you can reach it by train or bus.



An Garda Síochána

Ireland's National Police and Security Service



IN AN EMERGENCY ALWAYS DIAL:

999 OR 112

NOTES





1D2O2328 Photography: Peter Barrow, 7th August 2013, Tel: 087-2559638

SOUTHSIDE PARTNERSHIP DLR

**The Old Post Office, 7 Rock Hill, Main Street,
Blackrock, Co. Dublin**

Phone: 01 706 0100

Email: mirosław.baca@sspship.ie

